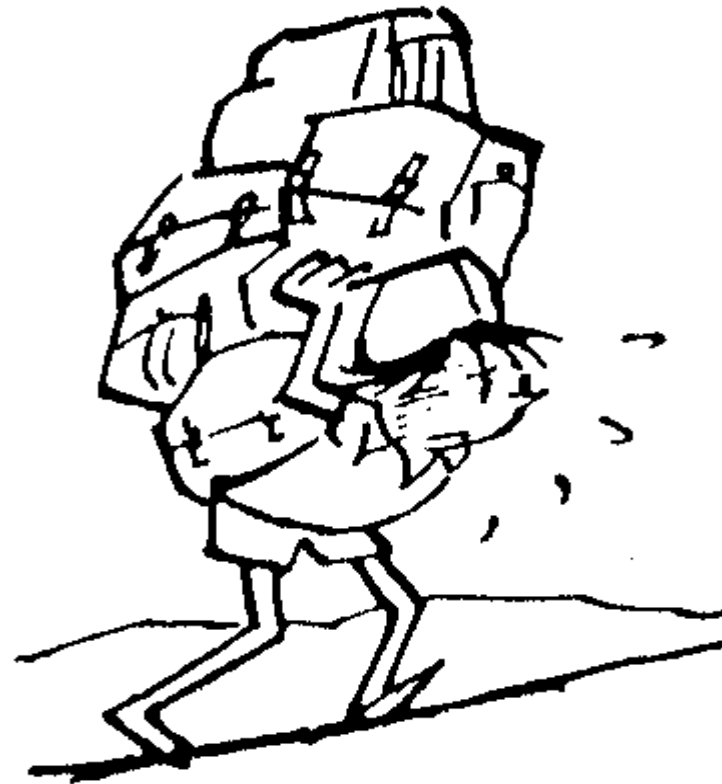


# 1st Upton Scout Troop

## Universal Kit List



### **4. Expeditions:**

Note that not every item needs to be carried by every member of the party, e.g. a tent can be split between the numbers sharing it etc.

- Max 55 litre rucksack & liner, in/on which everything must be carried!
- Walking boots, spare laces & **2** pairs of walking socks for each day.
- Lightweight tent (shared out between Scouts for ease of carrying)
- Sleeping bag (min 3 season), insulation mat and pyjamas/tracksuit
- Stove, pans, fuel, food (split between at least 2 Scouts), min 1 litre water bottle (full), Emergency rations, waterproof matches, personal 1<sup>st</sup> aid kit and medication.
- Compass, whistle, map, route card and map case
- Survival kit, emergency card, paper and pencil, Scout Record Book watch and bivvy bag
- Fleece jacket, waterproof trousers/gaiters and waterproof jacket
- Clothes (see camps list for guidance), gloves and hat
- Wash kit (see camps list for guidance)
- Sun cream, after sun and insect repellent
- Utensils – knife, fork, spoon, teaspoon, plate, bowl and mug
- Very small bottle of washing up liquid, sponge with scourer, tea towel
- Nylon cord for washing line
- Torch, spare batteries and empty carrier bags for rubbish & wet kit

### **5. Water Activities/Camps:**

Pack kit as Essential items/Camps, but in addition pack:

- Swimming kit and 2 Large towels
- 2 Long sleeved man made fibre/woolly tops (not cotton), and tracksuit bottoms, for each day, or a wetsuit
- Spare old waterproof top
- Old trainers or wetsuit boots
- Woolly gloves or wetsuit gloves
- Woolly hat
- Bag for wet kit

### **What not to bring on camp:**

Expensive cameras/electrical equipment, jewellery, mobile phones or other valuables, because they encourage thieves onto site!

Alcohol, tobacco or illegal substances

Any weapons (note some sites do not permit pen-knives)

**Anything you do not want to loose or get dirty!**

***No responsibility for the personal equipment of clothing and effects of participants can be accepted by the camp organizers and the Scout Association does not provide automatic insurance cover in respect of such items.***

Name \_\_\_\_\_

This is your very own copy of our universal kit list. Please keep it safe and refer to it for all Scout camps and activities.

### Note for parents-

What follows is the required kit for participation in Scout activities. Some items included in this list will not be required for every activity, and there will be activities will require additional items. If you are in any doubt as to what kit to pack, please ask a leader.

Please ensure that the Scouts **pack their own bags** – its good practice for the return journey! We suggest that items are laid out for you to check with them before they pack their bags to make sure they haven't missed anything, or packed anything they shouldn't.

Any medication should be clearly labelled with the Scout's name and dosage and either left with or brought to the attention of a leader.

**All items must have Scout's name clearly marked on them.** Please do not pack anything in black bags, they could be mistaken for rubbish.

### How to use this kit list:

- Essential items are items which should be considered for every activity (except expeditions – see separate list). Please consider the nature of the activity and the weather conditions when deciding what to pack.
- If the activity involves an overnight stay, pack items in the Camps list as well as the essential items
- For a Specialist camp or activity, pack the relevant kit for the activity as instructed
- Optional items may be added as required (see also what not to pack)

## 1. Essential items:

- **Full uniform to travel in.** This includes **Scout Record book, pen/pencil and notebook or paper.**
- Walking boots (may be worn with uniform, unless advised otherwise)
- Day Sac (up to 35 litre)
- Packed lunch (as instructed) including pack-up box, water bottle (minimum 1 litre), and snacks for the duration.
- Jacket, gloves, hat (or cap), waterproof jacket and trousers/Gaiters
- Change of clothes
- Small first aid kit (which may include non-prescription drugs if frequently required e.g. headache remedies, travel sickness tablets etc but must be brought to the attention of a leader at the outset)
- Tissues or hankies and a **WATCH**
- Small sewing kit – for emergencies and sewing badges on at camp.

## 2. Camps:

All items listed below, with the exception of the camp blanket and insulation mat, must fit in the one rucksack (or holdall) except items being worn.

- Maximum capacity - 55 litre Rucksack and liner – Please check that the rucksack is not too big for the Scout. Holdalls are more difficult to carry.
- Insulation mat and sleeping bag (recommended minimum 3 season)
- Tracksuit or thick pyjamas
- Camp blanket (if you have one)
- Wash kit – Toothbrush, toothpaste, soap, flannel, brush or comb, large towel, shampoo, shower gel, deodorant – **NO AEROSOLS**, any personal requirements.
- Swimming kit including extra towel (if required – please ask)
- Sun cream, after sun and insect repellent
- Utensils – knife, fork, spoon, teaspoon, plate, bowl and mug all in one plastic bag with two tea towels. Name or identifying mark on all items.
- Torch and spare batteries
- Trainers
- Change of shoes for indoor use (if indoor camp)
- Strong bag for dirty footwear
- Dirty laundry bags
- 10 Laundry pegs
- Coat hanger and cover for uniform
- Watch with an alarm or a small alarm clock

## Clothing:

Please pack sufficient for the duration of the camp, plus spares for unforeseen circumstances

- Sweaters and long sleeved tops
- T-shirts
- Trousers/tracksuit bottoms (preferably no jeans please – difficult to dry)
- Underwear (thermal in winter)
- Thick walking socks – 1 pair per day minimum for each day walking

## 3. Optional extras:

- Flask (not glass)
- Penknife – only if required for camp and permitted by site owner – please check.
- Sit mat
- Camera, film and spare batteries
- Pocket money (as advised)
- Small games or books
- Badges and neckers for swapping with other Troops (please order badges at least 3 weeks before camp)